

MARCH 2019



The Southern Pulse

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Services at Chapelton Hospital Relocated for Further Renovation



Services at the Chapelton Community Hospital in Clarendon have been relocated to the Summerfield Community Centre, also in Clarendon.

This is to facilitate further renovation works at the hospital and follows upgrade of the facility in early 2018.

All critically ill patients should be taken immediately to the May Pen Hospital in Clarendon. Residents can also access services at the Lionel Town and May Pen Hospitals and other health facilities in the parish.

Pharmacy services will be provided on a drop-off and pick-up basis for patients seen at the health centre. Prescriptions will be collected from patients on Mondays and delivered on Tuesdays and also collected on Wednesdays and delivered on Thursdays.

The management of the Chapelton Community Hospital apologizes to the public for the inconvenience and craves their understanding as they continue to improve the infrastructure and services of the facility.

In The News: Southern Regional Health Authority

St. Elizabeth Staff Recognized for Hard Work and Excellence

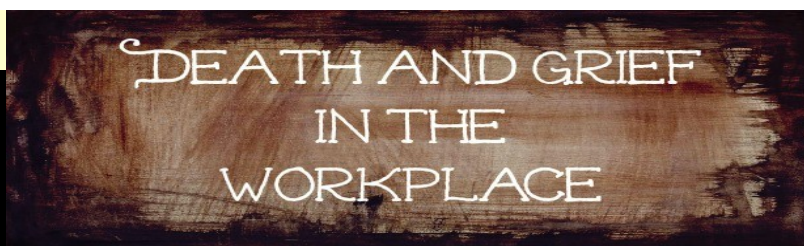
The St. Elizabeth Health Services recognized 72 employees on March 27 at the Benett's Lounge in Luana, St. Elizabeth, for their invaluable role in delivery exceptional health care in 2018. In addition to recognizing retirees, the Health Services recognized employees for excellence in service and long service.

The management team of the Health Services pointed out that recognizing staff members for their invaluable service boosts their morale, particularly for persons who may think that their efforts have gone unnoticed. The staff members were lauded for their hard work and commitment which adds to the successes and achievements of the health sector.

Parish Manager, Mr. Sean Brissett noted that the challenges experienced in 2018 allowed the team to raise their standards and improve in several areas of health care delivery including customer service.

Please see below highlights:





Selfless Service: Remembering Those Who Passed While Serving

Lloyd Wellington



Described as very cooperative, reliable, dependable and hard-working, Mr. Lloyd Wellington's desire was to do his best at any task assigned to him. He was a very conscientious worker and showed a high level of respect to his supervisor, peers and clients.

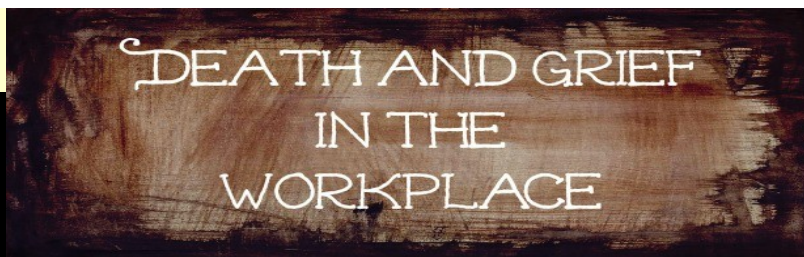
Mr. Wellington was assigned to the Junction Health Centre as a Community Peer Educator, where he served several communities, working with targeted persons including: commercial sex workers, transgenders and men who have sex with men. He conducted HIV and syphilis testing among these targeted groups and the general population.

His supervisor, Mr. Caple Taylor notes that his fondest memories of Mr. Wellington include his courage in defending his love for the Lord and his religion. "He was very honest, obedient and kind and was willing to go the extra mile in order to accomplish his given tasks" Mr. Taylor says.

Described as a very confidential and trustworthy individual, Mr. Wellington was an excellent presenter and would thoroughly research his topics.

At the time of his passing, he was the longest serving Community Peer Educator in St. Elizabeth and perhaps in Jamaica. He served the health sector from September 3, 2001 until his passing on January 4, 2019.





Selfless Service: Remembering Those Who Passed While in Service

Aubotine Fullerton Anderson



Aubotine Fullerton Anderson could be described as the life of the party.

A wife and mother, Aubotine was always willing to help others especially the elderly and persons with special needs.

As a Dental Assistant at the Manchester Health Services, Aubotine executed her duties at the Manchester Health Department and the Pratville and Crosskeys Health Centers.

Her supervisor, Mrs. Louise Watson-Tomlin notes that she gave over five years of selfless service to the southern region. Her duties included assisting the dental operators in the clinic, doing oral health education, and providing customer service among other things.

As someone who would readily tell you her mind, her loud and infectious laugh could be heard from afar. “She just

couldn’t keep still and was just a person that was full of life. She will be sadly missed by her husband, three children, parents, siblings and her co-workers” Mrs. Watson-Tomlin says.

Mrs. Fullerton Anderson worked with the southern region from June 05, 2013 until she passed on February 28, 2019.





Karen McKenzie

**Linen Room Attendant
Lionel Town Hospital**

“Never Take Anything for Granted”



In this world of uncertainty and limited opportunities, it is imperative that we “never take anything for granted,” says Linen Room Attendant, Karen McKenzie.

Giving notable service to public healthcare since June 2008, Ms. McKenzie is stationed at the Lionel Town Hospital (LTH) in Clarendon and describes her experience as “nothing less than educational yet emotional.”

She explains that some of her responsibilities as a Linen Room Attendant include: ensuring that the area she is assigned is well taken care of, dispersing chemicals to help with the cleaning of the facility and ensuring that patients are comfortable with the environment.

Described by her peers as a respectful individual who is steadfast in character with a loving heart and zero tolerance for nonsense, Karen expresses that she is truly inspired by her mother, praising her as a positive role model.

“My mother inspires me to be my best. She is hardworking and determined. She is always motivating me to try new things. Today I strive for the best and never the less” Karen explains.

Possessing tailoring, culinary and designing skills, Karen tells the Southern Pulse that she is guided by the philosophy, “courage was not the absence of fear but the triumph over it,” the profound words of Nelson Mandela.

Ms. McKenzie describes herself as hardworking, ambitious, gregarious, prudent and loving, which she notes has aided in her drive to provide outstanding service at work. She adds that she has received recognition and awards for punctuality and performance over the years at the LTH.

Noting that her biggest achievement is owning her own home, Karen adds that she is able to provide for her family through what she describes as good family management. She advises her colleagues to do their best at everything they do.

She relates that her favourite actor is Tyler Perry and loves to listen music by F.A.M.E.

Wellness Bytes

"Gastroenteritis"

Credit:
Ministry of Health



The Ministry of Health is reminding the public, especially parents of small children, to pay particular attention to their children for signs of Gastroenteritis following the persistent rainfall over the island. The symptoms of this illness include one or more of the following: diarrhea, vomiting, nausea and stomach upset. The affected person may also have: headache, fever, and abdominal cramps (stomach aches).

Gastroenteritis is a condition that causes irritation and inflammation of the stomach and intestines. An infection may be caused by bacteria or parasite in spoiled food, unclean water or dirty hands. Medication should not be used to stop the diarrhea or vomiting. Oral Rehydration Fluid (ORF) should be used to replace the water and special substances that are lost as a result of vomiting and/or diarrhea. Continue to give ORF until the child gets better although this treatment will not stop or shorten the course of diarrhea. Vomiting should stop within two days and the running belly should stop within a week. Continue to give lots of fluids to prevent dehydration.

If a child is breast fed, continue breastfeeding your child frequently. In addition, other fluids such as coconut water, diluted fruit juices as well as plain water can also be given. Do not give sweet drinks. Gastroenteritis can cause death especially in young children less than five (5) years old.



I just burned 1200 calories.
I forgot the
pizza in the oven.

The Lighter Side



Disaster Preparedness Tips

"Safety Tips After Flood Rains"

Credit:
Ministry of Health



Safety Tips

- Do not go outside unnecessarily.
- Wear water boots or closed shoes when going outdoors.
- Wear gloves when clearing debris or handling of dirty water.
- If you get a puncture wound, a nail stick or a cut, seek medical attention immediately.
- Do not allow children to play in the floodwater or any other dirty or stagnant water.

Safe Water

After heavy rainfall and flooding, water may become contaminated. To prevent diseases and maintain good health, it is important to use SAFE WATER. Water can be made safe by treating with household bleach or by boiling.

Bleach

- For 1 litre of water (1 quart)
- Add 2 drops of bleach
- Mix well and leave for 30 minutes
- For 20 litres of water (5 US gallons)
- Add ½ teaspoon of bleach
- Mix well and leave for 30 minutes

- For 170 litres of water (45 US gallons)
- Add 4 ½ teaspoons of bleach
- Mix well and leave for 30 minutes

Boiling

- Allow water to “boil up” for at least one minute before removing from the fire. Keep covered at all times.

Treat Water Before Using for any of the following:

- Drinking or making drinks
- Washing fruits and vegetables
- Making ice
- Preparing food
- Washing dishes and utensils

Dead Animals

- Dead animals should be buried as soon as possible after the rains subside.

Report any potential health hazard (open graves, broken sewage main, chemical spill) to the Parish Health Department immediately.



HR And You:

"Labour Laws"

Employers and workers are being encouraged to educate themselves about the country's labour laws in order to facilitate smooth negotiations in settling disputes.

The call came from State Minister in the Ministry of Labour and Social Security, Hon. Zavia Mayne, in his address at the Kingston leg of the 'Labour Department and You' road show at the Jamaica Pegasus Hotel, New Kingston on Thursday (November 22).

"As we continue to have (bitter) labour disputes, we recognise that the majority of these cases could have been resolved at the organisational level if the parties had a better understanding of our labour laws," he noted.

"Be proactive rather than being reactive and then finding that you are in breach of our labour laws... A better understanding of our labour legislation will also lead to a more productive and profitable organisation," he added.

Mr. Mayne said the 'Labour Department and You' road show, which is being staged by the Ministry across the island, seeks to promote greater awareness among employers and workers about their rights.

Under the Labour Relations Code, employers should provide clear, comprehensive and non-discriminatory employment policies. Also, policies should address social welfare services such as medical care, canteens, pension, as well as occupational safety and health.

Some responsibilities of the workers are that they familiarise themselves with the terms of contract and perform contracted service to the best of their ability.

The road show, held over two days, addressed issues related to the job market, industrial relations, occupational safety and health, efforts to eliminate child labour, as well as local and overseas employment programmes.

Credit: Jamaica Information Service

SUBMIT AN ARTICLE

We welcome your input. Please submit your articles and feedback for the April edition to:

Latoya Laylor Brown, Public Relations Officer

Email: latoya.laylor@srha.gov.jm

Deadline: May 10, 2019

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