



Inside This Issue

SRHA in the News	2
Facilities on the Move	4
Let's Meet: "Sole First Class Honouree"	6
Staff Highlight	7
Public Relations Corner	10

Hundreds of Clarendon Residents to Benefit From Upgraded Dental Clinic



Hundreds of residents from the community of Hayes and surrounding districts in Clarendon will benefit from an upgraded Dental Clinic at the Raymonds Health Centre, refurbished at a cost of \$4.6 million.

The renovation was funded by bauxite/alumina company Jamalco through its Noble Foundation and was officially handed over yesterday (September 21).

The work undertaken was completed between June 2015 and September 2016 and included the renovation of cupboards and fixtures, restoration of a sterilisation/sleuce sink and plumbing upgrades in addition to the provision of a dental chair.

Parish Manager for the Clarendon Health Services, Mr. Joseph Grant in expressing gratitude added that: "This is a significant upgrade which enhances dental care in the parish. It

has improved the overall quality of resources and services for our staff and clients for which we are extremely grateful. I want to commend Jamalco for its commitment in helping to enhance healthcare in the parish."

Head of Corporate Strategy and Capital EMEA for the Noble Group, Mr. Christophe Urtel in his remarks noted that his company in partnership with Jamalco is committed to impacting lives and communities to foster social and economic development.

The Raymonds Health Centre serves some 10,000 persons offering curative, dental, child health and community health services five days per week. Its Dental Unit offers extraction and cleaning services to adults and children and also dental health education to some 100 persons monthly.

In The News: Southern Regional Health Authority

Blood Bank Encourages Voluntary Donation as it Extends Opening Hours

The Mandeville Regional Hospital's (MRH) Blood Bank is encouraging persons to make regular blood donation their responsibility as it moves to make the process easier for donors. The Blood Bank has extended its opening hours to accommodate blood donations beyond regular hours.

Regional Medical Technologist at the MRH Blood Bank, Mr. Donovan Leon says the hours have been modified to 8:00 a.m. to 8:00 p.m. Mondays to Thursdays and on Fridays 8:00 a.m. to 3:00 p.m. The facility is however closed on weekends and public holidays.

Mr. Leon noted that persons have expressed gratitude for the extended hours particularly those who could not go the Blood Bank because of work and other engagements.

He is appealing to the public to make regular blood donation a part of their lives because in an emergency it may be too late and the constant supply of blood increases the likelihood that supplies will be available when needed.

Since the successful launch of its Blood Drive on May 30, 2016, the Mandeville Regional Hospital has been on a drive to change the culture of blood donation and has undertaken several initiatives including the extended hours, renovation to the existing Blood Bank with consideration for an improved and larger site for a future Blood Bank and continued public education.

Mr. Leon is reminding persons that voluntary blood donation is very important because "the life you save may be your very own".



Chairman of the Southern Regional Health Authority Board, Mr. Wayne Chen donates blood at the One Love, One Blood Drive hosted by the Mandeville Regional Hospital on May 30, 2016.

In The News: Southern Regional Health Authority

196 Workers Trained to Assist Fight Against Mosquito Borne Diseases

The Southern Regional Health Authority (SRHA) in collaboration with the HEART Trust/NTA has trained some 196 temporary vector control workers who will assist the SRHA with its fight against mosquito borne diseases in the southern end of the island.

The training forms part of the Ministry of Health's phase two response to the Zika Virus and is also in collaboration with Members of Parliament and the HEART Trust/NTA.

Regional Environmental Health Officer for the SRHA, Mr. George Sloley says of the 196 workers, 88 workers will be employed in Clarendon, 57 in Manchester and 51 in St. Elizabeth.

He added that the vector control workers were trained in vector control measures particularly as it relates to mosquito breeding and prevention; premises inspection to identify and treat mosquito breeding sites; occupational health and safety; environmental awareness; waste management and health education so as to

provide information and support residents in reducing mosquito breeding sites.

For the Regional Environmental Health Officer, the additional vector control workers will greatly boost vector control activities in the southern region as: "The workers will improve community awareness as more persons will be on the ground providing health education, doing community inspections and mobilizing citizens to reduce the breeding of mosquitoes on their premises."

The training was well received by participants such as Ms. Melody Brown who believes everyone must play their part in reducing the breeding sites of mosquitoes.

She added that vector control is now more important for her as a citizen and she is encouraging Jamaicans to keep their surroundings clean and to control waste which greatly contributes to the breeding of mosquitoes.

On the
Lighter Side



We welcome your input, please submit your articles and feedback to:

Latoya Laylor Brown, Public Relations & Advocacy Officer

Email: latoya.laylor@srha.gov.jm

Deadline: October 31, 2016

Facilities on the Move

Pregnant Women Receive Milk to Enhance Nutrition



Scores of expectant mothers in St. Elizabeth will receive a weekly supply of milk for the next three months in an effort to boost their health and nutrition and that of their unborn babies.

The donation was made on Friday, September 9 at the New Market Health Centre in St. Elizabeth by the Jamaica Dairy Development Board, an agency of the Ministry of Industry, Commerce, Agriculture and Fisheries as part of its pilot Postnatal and Antenatal Nutrition Support Programme. The Board has partnered with milk producers, Serge Island Dairies, Jamaica Beverages, Edwards Dairy, and Island Dairies Limited to donate the milk to the expectant mothers.

Regional Nutritionist for the Southern Regional Health Authority (SRHA), Mrs. Alice Carney in her remarks told the expectant mothers that their diet should provide all the nutrients necessary for a mother's health and the developing fetus. She added that there should be adequate amounts of folic acid, energy, protein, vitamins, minerals especially calcium, iron and magnesium in the mother's diet.

"Poor nutritional status not only affects the woman's

Marketing Manager of Island Dairies Ltd. Mr. Livingston Binns; Parish Manager of the St. Elizabeth Health Services, Mr. Sean Brissett; Regional Nutritionist for the SRHA, Mrs. Alice Carney; expectant mother Ms. Thalene Campbell and Director of the Jamaica Dairy Development Board, Mr. Hugh Graham are smiles just before the handing over of milk to the expectant mother.

health but also has a negative impact on the baby's birth weight and development. Low birth weight is a major determinant of mortality and morbidity and has a long term impact on the health outcome in adult life as studies have revealed the increased risk for chronic non-communicable diseases. It is with the reality of these consequences that the Southern Regional Health Authority welcomes this initiative in increasing the food security and nutrition of our pregnant women" Mrs. Carney noted.

For his part, Director of the Jamaica Dairy Development Board, Mr. Hugh Graham says his agency is committed to encouraging Jamaicans to consume more locally produced milk, particularly expectant mothers. He added that the project was launched on World Milk Day, June 1 as part of the Government's thrust to increase milk production in Jamaica and revitalise the dairy industry.

Facilities on the Move

Pregnant Women Reminded of Importance of Breast Milk While Encouraged to Increase Their Milk Consumption



Medical Officer (Health) for Manchester, Dr. Beverly Wright (centre) encourages expectant mother, Shereka Bennett to consume more milk and to also exclusively breastfeed at the handing over of milk to the expectant mothers. Marketing Manager of Island Dairies Ltd. Mr. Livingston Binns (left); Deputy CEO, Jamaica Dairy Development Board & Project Manager, Dairy Revitalization Program, Mr. Byron Lawrence (2nd left); and Parish Manager of the Manchester Health Services, Mr. Earl McLaughlin look on.

Medical Officer (Health) for Manchester, Dr. Beverly Wright in encouraging scores of expectant mothers to increase their milk consumption informed and encouraged the mothers to exclusively breastfeed their infants from birth to six months, a policy of the Ministry of Health.

Dr. Wright made the comments at the handing over of milk to pregnant mothers by the Jamaica Dairy Development Board on Friday, September 24, which also marked the penultimate day of celebrations for National Breastfeeding Week.

“While breast milk is best for the babies, real milk is especially good for the antenatal mother because real milk is very rich in proteins and minerals such as calcium and other proteins and minerals which are good for our nerves as well as for the strength of our bones and teeth” Dr. Wright added.

Turning to the importance of the pregnant woman’s

nutrition, Dr. Wright noted that recent research has shown that inadequate nutrition in the antenatal period increases the risk for childhood obesity. Against this background, she encouraged the women to ensure that their nutrition is adequate and appropriate during the antenatal and breastfeeding periods.

The Jamaica Dairy Development Board, an agency of the Ministry of Industry, Commerce, Agriculture and Fisheries has been donating three months supply of milk to pregnant women in an effort to boost their health and nutrition and that of their unborn babies as part of its pilot Postnatal and Antenatal Nutrition Support Programme.

The Board and its partners, Serge Island Dairies, Jamaica Beverages, Edwards Dairy, and Island Dairies Limited in taking its initiative to the southern region recently donated milk to mothers in St. Elizabeth and to the mothers in Manchester on Friday, September 24 at the Manchester Health Department.



**Anna-Kay Knight
Enrolled Nurse
Percy Junor Hospital**

“Sole First Class Honouree in 2016 Graduating Class”



Anna-Kay Knight has several notable professional and personal accomplishments, but perhaps the most recent and one of the most significant is being the sole awardee of a First Class Honours Bachelor of Science Degree in Nursing in the 2016 graduating class.

Nurse Knight was also valedictorian and recipient of the Donna Newman Award, granted to the most outstanding student in the Bachelor of Science Nursing programme who displays exceptional caring attitude in the practice of nursing.

The 2016 class covers the entire University of the West Indies Nursing Faculty along with the other franchise nursing schools including Knox Community College, Browns Town Community College, Excelsior Community College and the Montego Bay Western Campus. This wonderful feat has left the top nurse who is presently enrolled at the Percy Junor Hospital in Manchester feeling extremely honoured and grateful, which has also boosted her confidence in accomplishing her dreams.

This achievement however, was not without its challenges including “hard work, sleepless nights and tears” but the process taught her to be a better individual both professionally and personally and also allowed her to learn more about herself and others.

For someone whose desire was to be a teacher or pharmacist, nursing was not her first career choice, however, when she began nursing school her desire evolved. She quickly realized that nursing was more than a profession of integrity and compassion, “it is a privilege that measures my values as a human being and the responsibilities granted to me with the precious gift of life.”

When asked what her experience has been like working with the Percy Junor Hospital as an Enrolled Assistant Nurse since 2007, Anna-Kay notes that she is very appreciative of the opportunity to have acquired an abundance of skills and knowledge. She notes that she was granted full time study leave by the SRHA to pursue her programme for the period September 2012 to August 2016.

She adds that at a time when nurses are challenged to give of their best, she would love to see her colleagues exercise at all times, humility and patience. “Try to be the best at what you do; utilize time wisely; incorporate positive individuals within your circle and be responsible for your own learning,” she encourages.

She describes herself as humble, ambitious, confident, diligent and easy-going and notes that she is inspired by her parents, good friends and life’s circumstances to do her best.

Staff Highlight

SRHA Senior Managers Embrace Strategic Risk Management Workshop

In an effort to enhance the competency of senior managers in incorporating strategic risk management in their planning process, utilizing government regulations and frameworks in addition to international standards, the Southern Regional Health Authority hosted a two-day Strategic Risk Management workshop. The workshop was held on September 27 and 28 at the Golf View Hotel in Mandeville.

Please see below photographic highlights.



Risk Manager, Mrs. Tracey –Ann Bonner outlines the objectives of the workshop.



A section of the audience.



Senior Managers browse their handbooks.



A light moment is enjoyed by some senior managers.

Staff Highlight

Regional Staff Wellness Conference Encourages Physical Activity

The Southern Regional Health Authority has been promoting physical activity in the prevention of non-communicable diseases among its staff and recently hosted a regional Wellness Conference which targeted some 600 hundred staff members. The event was held on Friday, September 30 at the Brooks Park in Mandeville.

Please see highlights below.



The team from Manchester gets ready to stop non-communicable diseases.



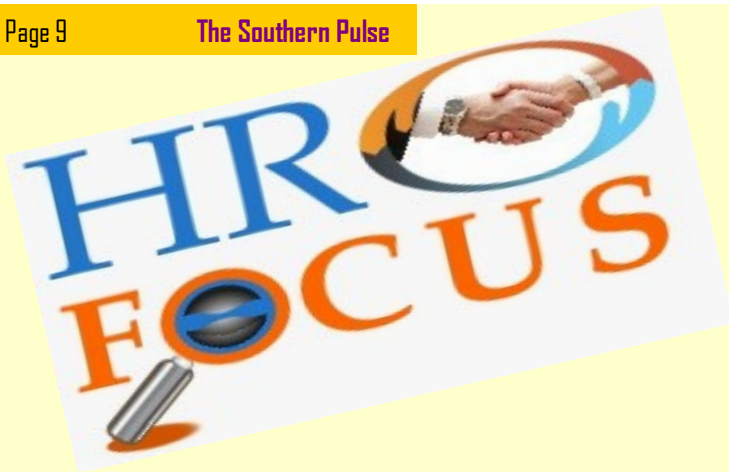
The SRHA Regional Office team members show off their banner.

Its all about fun for the St. Elizabeth team.



Clarendon members looking lovely in red.





7.8 STUDY LEAVE

7.8.1 Definition

Study Leave is a period of absence granted to public employees to pursue courses of study which may fall into any of the following categories.

Category 1 Government Mandated

Programme of study initiated or mandated by the Government and therefore deemed to be in the national interest, e.g. government scholarships and awards to fill critical skill shortage areas, courses to meet future strategic needs, etc.

Category 2 Job Related

Programme of study undertaken voluntarily by individual public officers to improve their qualifications and skills in areas directly related to current functions.

Category 3 Future Advancement

i) Programmes of study undertaken voluntarily by individual officers to improve their qualifications and/or skills for future career advancement and employability in areas directly related to the mandate of the Ministry/Department.

ii) Programme of study undertaken voluntarily by individual public officers to improve their qualifications and/or skills for future career advancement and employability in areas not necessarily related to current Ministry/Department but may be applicable to other Ministries/Departments.

Category 4 Personal Interest

Programme of study undertaken voluntarily by individual public officers for personal interest or for growth and development.

7.8.2 Support for Study Leave

i) Officers who are granted Study Leave may be eligible for financial support depending on the category within which the course of study falls.

ii) Officers who are selected to pursue Government mandated courses of study (Category 1) would qualify for full financial support from public funds with no forfeiture of any accumulated vacation leave.

HR And You:

“STUDY LEAVE”

iii) Officers who are selected to pursue job-related or future advancement courses of study Category 2 or 3 may receive the equivalent of up to two (2) years fully-paid leave. The officer would be required to forfeit leave or salary equivalent to his/her maximum leave accumulation. Any additional leave required to complete the course of study shall be without pay.

iv) Officers who are granted study leave to pursue courses of study under Category 4 may receive modest support, at the discretion of the Permanent Secretary or Head of Department.

7.8.3 Bonding

Officers who are granted study leave and receive support from public funds may be required to execute a loan agreement as outlined in sections 5.7 (iii – v), of these Orders.

7.8.4 Day Release

Officers may be granted a combination of day release during the academic year and full time study leave during the summer period to attend to attend any approved tertiary institution. This will only be considered where evening classes are not available for the particular course. The following conditions will apply:

i) The officer will cease to earn vacation leave at the commencement of the course until its completion.

ii) The officer is expected to attend classes 1 or 2 days a week and where necessary on full time for 2 to 4 weeks during the summer period if required by the institution.

iii) The day(s) and full time period utilized for the course will be charged to his/her vacation. After the vacation leave has been exhausted, the officer will enter into a period of study leave which may be granted on full salary for a total period of up to 180 days, to be utilized as at (ii).

iv) On completion of the course the officer will be credited with vacation leave for the number of days on which he was not in attendance at classes, subject to the provision that vacation leave will not exceed the maximum prescribed.

v) Officers granted study leave as above be entitled to recreational leave.

vi) Officers who are granted full time study leave Categories 2 or 3 to run consecutively with the day release should be credited with the vacation leave earned at (iv) prior to the commencement of the full time study leave.



PUBLIC RELATIONS CORNER

“The deliberate, planned and sustained effort to establish and maintain a favourable public image of an organization”

“Protocol Snippets”

Seating at Head Tables

For head table seating, the host of the event should be in the middle, the highest ranking invitee to the right of the host, the second highest ranking to the left and so on using right /left. The MC is usually close to the lectern.

Use of Coat of Arms

The Coat of Arms is restricted for use only by

Government Ministries and not their respective Agencies or Departments, unless special permission is granted by the Protocol Unit at the Office of the Prime Minister.

Use of the Flag

The flag should be present at official functions. It should be at the right facing the audience. The Flag should never be designed using decorations.

Wellness Bytes:
Mental Health

Credit:
Ministry of Health



WAYS TO NURTURE YOUR MENTAL HEALTH

- ✓ **Talk about your feelings**
- ✓ **Keep in touch**
- ✓ **Take a break**
- ✓ **Ask for help**
- ✓ **Keep active**
- ✓ **Eat Healthy**
- ✓ **Accept who you are**
- ✓ **Help Others**
- ✓ **Work**
- ✓ **Practice your faith**

