



## Inside this issue:

SRHA in the News	2
Facilities on the Move	3
HR and You	6
Staff Highlight	7
A Day in the Life of:	8

## Southern Regional Health Authority Takes Food Safety Expo to Alligator Pond Fishing Village

The Ministry of Health in collaboration with the Southern Regional Health Authority (SRHA) staged a Food Safety Exposition on Friday, May 29 at the Alligator Pond Primary School in South Manchester under the theme, **‘From Farm to Plate, Make Food Safe’** as an ongoing initiative of World Health Day 2015.

Minister of Health, Dr. Fenton Ferguson who delivered the keynote address commended the SRHA for its initiative. The Minister also used the occasion to inform the audience that over two million persons die from food borne illnesses annually while stressing the importance of persons being informed about food safety practices and practicing healthier habits in this regard.

Students at the primary level participated in a **“Keep food at safe temperatures; Dry, hot and cold”** competition demonstrating the various food safety procedures and practices and prevention and control methods.

Members of the public were sensitized about food safety practices in an effort to stimulate healthier food safety practices and establish habits which will be developed into lifestyle patterns.

The community of Alligator Pond was selected as the venue to host the Expo as it is a popular fishing village with several seafood restaurants.

In Jamaica it has been observed that there has been an increase in food related ill-

nesses, especially as a result of the consumption of ackee in the southern region.

Food can become contaminated at any point of production and distribution, and the primary responsibility lies with food producers yet a large

proportion of foodborne disease incidents are caused by foods improperly prepared or mishandled at home, in food service establishments or markets.



Minister of Health, Hon. Dr. Fenton Ferguson

## In the News: Southern Regional Health Authority

### May Pen Hospital Reminds Public of Procedure When Persons are Brought in Dead

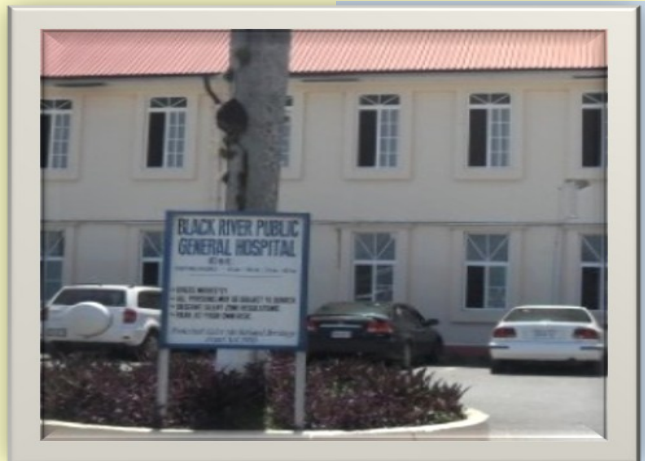
The Black River Hospital in St. Elizabeth says there is over a month's supply of medication and medical sundries including disinfectant and gloves at the hospital.

The team explained that there are various stages of medical treatment in the Accident and Emergency department noting that sometimes persons are kept for observation

to determine if they will be admitted or sent home.

The management team added that though the hospital experiences an increase in its patient load from time to time, the staff continues to be vigilant in the management of the system.

The release is in reference to an article in the Jamaica Observer



on Monday, June 8, titled, 'Black River Hospital under serious

pressure says JLP caretaker'.

## In the News: Southern Regional Health Authority

### May Pen Hospital Reminds Public of Procedure When Persons are Brought in Dead

CEO of the May Pen Hospital in Clarendon, Nadia Nunes is reminding the public, particularly drivers that when they give assistance to members of the public who have been injured and those injuries result in death as determined by a Medical Doctor, the body must remain in the location where the doctor made the pronouncement until the Police have given instructions for

removal.

The reminder follows an incident at the May Pen Hospital where a male suffering from gunshot wounds was brought to the Hospital on April 30 at 6:50 p.m. in a taxi.

After assessment by the Emergency Medical personnel, it was observed that the injured man died on his way to the hospital.

He was pronounced dead by a Medical Doctor at 6:55 p.m.

The CEO explained that after the man was pronounced dead, the occupants of the taxi removed the deceased from the car and placed the body on the hospital corridor.

She added that this is an unfortunate occurrence which the hospital is pleading with

members of the public to discontinue.

“Practices like these not only hamper the work of the Police but also causes additional trauma to relatives and staff” the CEO said.



## Facilities on the Move

### Clarendon: Clarendon Health Services Host Wellness Day 2015

The Clarendon Health Services team hosted its second annual Staff Wellness Expo & Fun Day on Friday, May 29 at the Jamalco Sports Complex.

The team facilitated free and discounted services including health checks for diabetes, hypertension, obesity and depression, eye screening and medical exams, nutrition counselling, Hepatitis B vaccination, diabetes foot care health forums and presentations, dental and cholesterol checks and a Southern Regional Health Authority Help Desk.

Exciting competitive events including netball, football, cheerleading, dance, skipping, managers race, water race, egg and spoon race, vegetable eating, hula hoop and a fluffy race topped off the day's events.

See photographic highlights below:



## Facilities on the Move

### **Manchester: 227 Cataract Operations Completed at Mandeville Regional Hospital**

The cataract surgical volume was greatly reduced as a result of the successful Ophthalmology Mission by the Hospital Ophthalmology team in conjunction with the Mind Body and Soul Ministry.

The team which included two surgeons and five members of the anaesthetic team performed 227 cataract surgical operations from May 9-11, 2015.

According to Dr. Gavin Henry, “the aim of the mission was to reduce the cataract surgery waiting time by performing large volume surgery over three days. This reduced the number of people waiting on the list.”

Dr. Henry described the Mission as very successful noting that the surgical volume was reduced by two thirds.

*The medical team in action*





## Facilities on the Move

### St. Elizabeth: St. Elizabeth Health Centres Labour for Love

Staff members and volunteers from the New Market Health Centre, the Springfield Health Centre and the Gingerhill Health Centre in St. Elizabeth joined hands and hearts in renovating the health centres on Labour Day, May 25.

See photographic highlights below:



**Ginger Hill Health Centre in Action**



**New Market Health Centre on the Move**



**Springfield Health Centre on the Job**



## HR And You: Qualities of an Effective Team Player

Teams need strong team players to perform well. But what defines such people? See below tips for being an effective team player.

- **Demonstrate reliability.** You can count on a reliable team member who gets work done and does his fair share to work hard and meet commitments.
- **Communicate constructively.** Teams need people who speak up and express their

thoughts and ideas clearly, directly, honestly, and with respect for others and for the work of the team.

- **Listen actively.** Good listeners are essential for teams to function effectively.
- **Function as an active participant.** Good team players are active participants. They come prepared for team meetings and listen and speak up in discussions.

- **Exhibit flexibility.** Teams often deal with changing conditions — and often create changes themselves.

- **Show commitment to the team.** Strong team players care about their work, the team, and the team's work.

- **Treat others in a respectful and supportive manner.** Team players treat fellow team members with

courtesy and consideration — not just some of the time but consistently.

- **Cooperate and pitch in to help.** Cooperation is the act of working with others and acting together to accomplish a job.
- **Works as a problem-solver.** Teams, of course, deal with problems.

## Wellness Bytes

Children are our future. They should receive education in regard to physical health by word and example. Here are a few things to teach your child about their diet:

- They should be taught regularity in eating. They should not be fed too frequently. Digestive problems, irritability and other sicknesses can result if the stomach gets no time to rest.

- They should be taught to abhor stimulants like wine, beer, alcohol. This will prevent them from being dependent on them when they grow older.
- They should be taught how to appreciate wholesome foods. These include grains, nuts and vegetables. These foods should not be distasteful, but they should be prepared

## Diet in Children: Credit: Manifa Riley Co-Author, In My Backyard: Powerful Herbs and Foods of the Caribbean

in an attractive and inviting way.

- Children should be taught how to control their appetite and eat for good health. Learning to control their appetite can lead to moral purity and uprightness.

*This content is not intended to be a substitute for professional medical advice, diagnosis or treatment. You should always seek the advice and guidance of a medical professional before treating any medical condition.*



## Staff Highlight

### SRHA Partners With NCU for Labour Day

The Southern Regional Health Authority (SRHA) partnered with the Northern Caribbean University to renovate the SRHA office and facilities including the Broad Leaf Health Centre, the Candle in the Dark Facility and the Manchester Health Centre.

Work included painting, landscaping, erecting of signs, minor construction and cleaning-up.



## A Day in the Life of:

### Stanhope Scott "An Outstanding Journey"

**Stanhope Scott,  
Parish Manager,  
(retired)  
Manchester Health  
Services**



Mr. Stanhope Scott's journey within the public health sector began some 39 years ago as a Public Health Inspector in 1976. He was officially trained a year later and went to Manchester where he worked as a Public Health Inspector in Down's, South Manchester.

Mr. Scott whom I observed to be very meticulous with dates noted he spent 11 years and three months in Public Health but later transitioned to Administration. In this area, he served as the first Parish Administrative Officer for Manchester, also taking on the role of Regional Administrator and Parish Administrator for Clarendon.

Having spent 11 years and two months in Administration, Mr. Scott was asked to serve as the first CEO of the Percy Junor Hospital, a post he held for 11 years and six months (A man of many firsts and 11 years). In 2009 he again transitioned and began serving as the Parish Manager for Manchester.

When asked about the highlights of his sojourn in public health, Mr. Scott pointed to the formation of district health management teams as he strongly believes that through the involvement of the community, health can be enhanced. He also noted his ability for financial management and his work in the improvement of physical structures among his highlights.

Other highlights include his work in promoting Customer Service and the improvement in supervisory management. He added that he was able to conduct the first ever such training where each supervisor had to present topics to each other.

His advice to workers include :

#### **To management/supervisors:**

Be compassionate towards workers and deal with them fairly and objectively.

#### **To workers:**

Always make preparation for retirement. Your goals should always be focused on advancement and break down your goals into weekly or monthly objectives.

He would love for workers particularly in the health sector to treat customers with the utmost respect and always seek to satisfy their needs.

Mr. Scott is guided by the philosophy, "In all thy ways acknowledge Him and He shall direct your path" and the personal motto, "Application plus ability equals success".



**Please submit your articles  
and feedback to:**

**[latoya.laylor@srha.gov.jm](mailto:latoya.laylor@srha.gov.jm)**

**Deadline: June 31, 2015**